ΕΛΙΝΥΑΕ
ΕΛΛΗΝΙΚΟ ΙΝΣΤΙΤΟΥΤΟ ΥΓΕΙΑΣ ΚΑΙ ΑΣΦΑΛΕΙΑΣ ΣΤΗΝ ΕΡΓΑΣΙΑ

Θεματικό Βιβλιογραφικό Δελτίο

Θερμική καταπόνηση

λόγω έκθεσης σε υψηλές θερμοκρασίες

ΣΕΙΡΑ: ΤΕΚΜΗΡΙΩΣΗ ΥΑΕ 2
Ιούλιος 2025

Το θεματικό βιβλιογραφικό δελτίο περιλαμβάνει μονογραφίες και άρθρα που αφορούν στη **Θερμική καταπόνηση λόγω έκθεσης σε υψηλές θερμοκρασίες** και αποτελούν μέρος της συλλογής της Βιβλιοθήκης του ΕΛ.ΙΝ.Υ.Α.Ε, καθώς και χρήσιμες διασυνδέσεις. Αρκετές αναφορές είναι σε ηλεκτρονική μορφή και μπορεί ο ενδιαφερόμενος να έχει άμεση πρόσβαση στο ντοκουμέντο.
Το δελτίο υπάρχει στον ιστότοπο του ΕΛ.ΙΝ.Υ.Α.Ε http://www.elinyae.gr/

Συλλογή, επεξεργασία και επιμέλεια υλικού: Φανή Θωμαδάκη, Βιβλιοθηκονόμος.

Π ε ρ ι ε χ ό μ ε ν α

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ΧΡΗΣΙΜΕΣ ΔΙΑΣΥΝΔΕΣΕΙΣ

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- **Ελληνικό Ινστιτούτο Υγείας και Ασφάλειας της Εργασίας (ΕΛ.ΙΝ.Υ.Α.Ε)**

  Θερμική καταπόνηση
  https://www.elinyae.gr/themata-yae/thermiki-kataponisi

  Θερμική καταπόνηση – Εθνική νομοθεσία
  https://www.elinyae.gr/themata-yae/thermiki-kataponisi/page/ethniki-nomothesia

  Κλιματική αλλαγή & θερμική καταπόνηση των εργαζομένων
  https://www.youtube.com/watch?v=uYwsatgps_I

- **Κέντρο Πληροφόρησης Εργαζομένων & Ανέργων. Γενική Συνομοσπονδία Εργατών Ελλάδος (ΚΕ.ΠΕ.Α. – Γ.Σ.Ε.Ε.)**

  Αντιμετώπιση της θερμικής καταπόνησης εργαζομένων λόγω συνθηκών καύσωνα
  https://www.kepea.gr/antimetopisi-thermikis-kataponisis-ergazomenon-1

  Θερμική καταπόνηση των εργαζομένων λόγω υψηλών θερμοκρασιών
  https://www.kepea.gr/article.php?id=890

- **Ο Napo σε συνθήκες ...θερμικής καταπόνησης (η μονομαχία)**
  https://www.napofilm.net/en/napos-films/napo-and-heat-stress

- **Napo σε συνθήκες ... θερμικής καταπόνησης (Από τα λόγια στην πράξη)**
  https://www.napofilm.net/el/napos-films/napo-and-heat-stress/walk-talk

- **Health and Safety Executive (HSE)**

  Temperature in the workplace
  https://www.hse.gov.uk/temperature/employer/heat-stress.htm

  Heat stress check list
  https://www.hse.gov.uk/temperature/assets/docs/heat-stress-checklist.pdf

- **CDC/NIOSH**

  Heat: Workplace recommendations
  https://www.cdc.gov/niosh/heat-stress/recommendations/index.html

  Heat stress and workers
  https://www.cdc.gov/niosh/topics/heatstress/default.html

Heat related illnesses
https://www.cdc.gov/niosh/heat-stress/about/illnesses.html

Criteria for a Recommended Standard: Occupational Exposure to Heat and Hot Environments
https://www.cdc.gov/niosh/docs/2016-106/

- **International Labour Organization (ILO)**

  Heat stress – how are we going to live with it? (The Future of Work Podcast. Episode 42)
  https://voices.ilo.org/podcast/heat-stress--how-are-we-going-to-live-with-it#headline

- **World Health Organization (WHO)**

  Heat and Health
  https://www.who.int/news-room/fact-sheets/detail/climate-change-heat-and-health

- **Canadian Centre for Occupational Health and Safety (CCOHS)**

  Hot Environments - Overview
  https://www.ccohs.ca/oshanswers/phys_agents/max_temp.html

  Working in the heat infographic
  https://www.ccohs.ca/products/posters/working_heat/

  Climate Change
  https://www.ccohs.ca/oshanswers/safety_haz/climate/extreme_weather_heat.html

- **Government of Westen Australia. Department of Health**

  Extreme heat and heatwaves
  https://www.health.wa.gov.au/Articles/A_E/Extreme-heat-and-heatwaves

- **Government of Westen Australia**

  Working safely in hot conditions
  https://www.commerce.wa.gov.au/worksafe/working-safely-hot-conditions

- **Safe Work Australia**

  Guide for managing the risks of working in heat
  https://www.safeworkaustralia.gov.au/doc/guide-managing-risks-working-heat

- **Health Day. News for Healthier Living**

How to Work in Extreme Heat: Safety Precautions to Take
https://consumer.healthday.com/encyclopedia/work-and-health-41/occupational-health-news-507/working-in-extreme-heat-646988.html

- **HEAT SHIELD (Research Project)**
  https://www.heat-shield.eu/

- **IOWA State University**

  Heat stress in the workplace
  https://www.ehs.iastate.edu/services/occupational/heat-stress/workplace

- **OSHA**

  Heat
  https://www.osha.gov/SLTC/heatstress/

  Heat stress
  https://www.osha.gov/otm/section-3-health-hazards/chapter-4

  OSHA-NIOSH Heat Safety Tool App
  https://www.cdc.gov/niosh/topics/heatstress/heatapp.html

- **Society Insurance**

  Safety tips for working in the heat
  Heat Safety: 10 Safety Tips for Working in Hot Weather

- **Southeastern Coastal Center for Agricultural Health and Safety**

  Heat stress
  http://www.sccahs.org/index.php/ag-health-safety-topics/heat-stress/

- **UFCW**

  Preventing heat stress at work
  http://safetyandhealth.ufcw.org/committeeguide/heat/heatstress/

- **WorkSafe BC**

  Heat stress
  https://www.worksafebc.com/en/health-safety/hazards-exposures/heat-stress

- **Business Confederation of the North of Madrid — CENOR**

  Prevention tips: heat stress at work (video)
  https://www.youtube.com/watch?v=rcLtRLvS908&feature=youtu.be

- **GEP**

  Προστασία από θερμική καταπόνηση
  https://www.aueb.gr/sites/default/files/aueb/docs/Heat_Stress_2017.pdf