

# Θερμική καταπόνηση

## λόγω έκθεσης σε υψηλές θερμοκρασίες



**ΣΕΙΡΑ: ΤΕΚΜΗΡΙΩΣΗ ΥΑΕ 2**

Ιούλιος 2020

Το θεματικό βιβλιογραφικό δελτίο περιλαμβάνει μονογραφίες και άρθρα που αφορούν στη **Θερμική καταπόνηση λόγω έκθεσης σε υψηλές θερμοκρασίες** και αποτελούν μέρος της συλλογής της Βιβλιοθήκης του ΕΛ.ΙΝ.Υ.Α.Ε., καθώς και χρήσιμες διασυνδέσεις. Αρκετές αναφορές είναι σε ηλεκτρονική μορφή και μπορεί ο ενδιαφερόμενος να έχει άμεση πρόσβαση στο ντοκουμέντο. Το δελτίο υπάρχει στον ιστότοπο του ΕΛ.ΙΝ.Υ.Α.Ε <http://www.elinyaе.gr>

Συλλογή, επεξεργασία και επιμέλεια υλικού: Φανή Θωμαδάκη, βιβλιοθηκονόμος.

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**Αντιμετώπιση της θερμικής καταπόνησης των εργαζομένων κατά το θέρος : σχετ: 130329/3.7.95 εγκύκλιος του Υπουργείου Εργασίας, 9 σ., (Ειδική συλλογή άρθρων 244)**

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## ΧΡΗΣΙΜΕΣ ΔΙΑΣΥΝΔΕΣΕΙΣ

(Πρόσβαση, 20/05/2020)

- **CCOHS**

Temperature conditions – hot

[https://www.ccohs.ca/oshanswers/phys\\_agents/max\\_temp.html](https://www.ccohs.ca/oshanswers/phys_agents/max_temp.html)

Working in the heat infographic

[https://www.ccohs.ca/products/posters/working\\_heat/](https://www.ccohs.ca/products/posters/working_heat/)

- **CDC/NIOSH**

Heat stress

<https://www.cdc.gov/niosh/topics/heatstress/default.html>

- **Government of Western Australia. Department of Health**

Guidelines for working in heat

<https://ww2.health.wa.gov.au/-/media/Files/Corporate/Policy-Frameworks/Unallocated/Policy/Guidelines-for-Working-in-Heat/IC136-Guidelines-for-Working-in-Heat.ashx>

- **Government of Western Australia. Department of Mines, Industry Regulation and Safety**

Working safely in hot conditions

<https://www.commerce.wa.gov.au/worksafe/working-safely-hot-conditions>

- **Fit for Work**

Working in the heat

<https://fitforwork.org/blog/coping-with-the-heat-in-the-workplace/>

- **Health Day. News for Healthier Living**

Working in extreme heat

<https://consumer.healthday.com/encyclopedia/work-and-health-41/occupational-health-news-507/working-in-extreme-heat-646988.html>

- **HEAT SHIELD (Research Project)**

<https://www.heat-shield.eu/>

- **Health and Safety Executive (HSE)**

Heat stress

<https://www.hse.gov.uk/temperature/heatstress/index.htm>

Heat stress check list

<https://www.hse.gov.uk/temperature/assets/docs/heat-stress-checklist.pdf>

- **IOWA State University**

Heat stress in the workplace

<https://www.ehs.iastate.edu/services/occupational/heat-stress/workplace>

- **Occupational Health and Safety Council of Ontario's (OHSCO)**

Heat Stress Awareness Toolkit

<https://www.ohcow.on.ca/heat-response-handouts.html>

- **OSHA**

Protecting workers from heat stress

<https://www.osha.gov/Publications/osha3154.pdf>

Heat

<https://www.osha.gov/SLTC/heatstress/>

Heat stress

[https://www.osha.gov/dts/osta/otm/otm\\_iii/otm\\_iii\\_4.html](https://www.osha.gov/dts/osta/otm/otm_iii/otm_iii_4.html)

OSHA-NIOSH Heat Safety Tool App

<https://www.cdc.gov/niosh/topics/heatstress/heatapp.html>

- **Safe Work Australia**

Guide for managing the risks of working in heat

<https://www.safeworkaustralia.gov.au/doc/guide-managing-risks-working-heat>

- **Society Insurance**

Safety tips for working in the heat

<https://blog.societyinsurance.com/10-safety-tips-for-working-in-hot-weather/>

- **Southeastern Coastal Center for Agricultural Health and Safety**

Heat stress

<http://www.sccahs.org/index.php/ag-health-safety-topics/heat-stress/>

- **UFCW**

Preventing heat stress at work

<http://safetyandhealth.ufcw.org/committeeguide/heat/heatstress/>

- **WorkSafe BC**

Heat stress

<https://www.worksafebc.com/en/health-safety/hazards-exposures/heat-stress>

- **WorkSafe Victoria**

Working in heat : guidance note

<https://content.api.worksafe.vic.gov.au/sites/default/files/2018-06/ISBN-Working-in-heat-2012-07.pdf>

- **Zurich**

Five steps for preventing heat stress in the workplace

<https://www.zurich.com/en/knowledge/topics/seasonal-hazards/five-steps-for-preventing-heat-stress-in-the-workplace>

- **Business Confederation of the North of Madrid — CENOR**

Prevention tips: heat stress at work (video)

<https://www.youtube.com/watch?v=rcLtRLvS908&feature=youtu.be>

- **GEP**

Προστασία από θερμική καταπόνηση

[https://www.aueb.gr/sites/default/files/aueb/docs/Heat\\_Stress\\_2017.pdf](https://www.aueb.gr/sites/default/files/aueb/docs/Heat_Stress_2017.pdf)

- **ΣΕΠΕ**

<https://www.sepenet.gr/liferayportal/documents/20181/27584/2015+20716+PROLHCH+THERMIKIS+KATAPONISIS+ERGAZOMENVN+KALOKAIRI.pdf/c3d61e88-e2af-4ca8-a1bf-52a04389bd95>

- **Ο Napo σε συνθήκες ...θερμικής καταπόνησης (η μονομαχία)**

<https://www.napofilm.net/en/napos-films/napo-and-heat-stress>

- **Napo σε συνθήκες ... θερμικής καταπόνησης (Από τα λόγια στην πράξη)**

<https://www.napofilm.net/el/napos-films/napo-and-heat-stress/walk-talk>