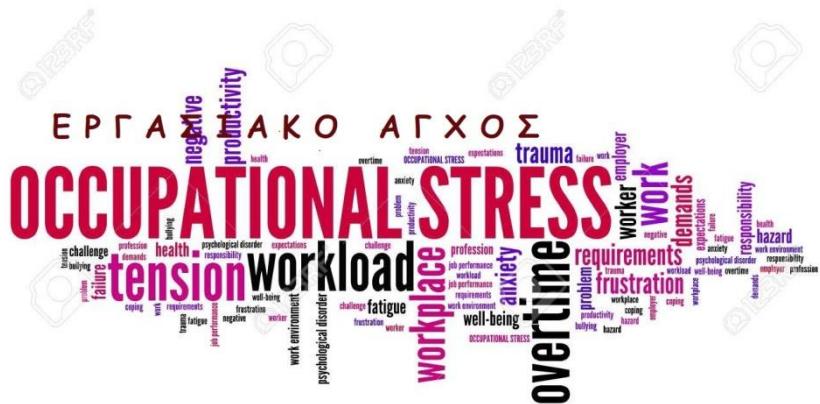


# Εργασιακό άγχος



## ΣΕΙΡΑ: ΤΕΚΜΗΡΙΩΣΗ ΥΑΕ 3

Οκτώβριος 2020

Το θεματικό βιβλιογραφικό δελτίο περιλαμβάνει μονογραφίες και άρθρα που αφορούν στο **Εργασιακό Άγχος** και αποτελούν μέρος της συλλογής της Βιβλιοθήκης του ΕΛ.ΙΝ.Υ.Α.Ε, καθώς και χρήσιμες διασυνδέσεις. Αρκετές αναφορές είναι σε ηλεκτρονική μορφή και μπορεί ο ενδιαφερούμενος να έχει άμεση πρόσβαση στο γενούμεντο.

Το δελτίο μπάρχει στον ιστότοπο του ΕΛ.ΙΝ.Υ.Α.Ε <http://www.elinvae.gr/>

Συλλογή, επεξεργασία και επιμέλεια υλικού: Φανή Θωμαδάκη, βιβλιοθηκονόμος.

## Περιεχόμενα

1. Βιβλιογραφία.....	2-15
2. Χρήσιμες διασυνδέσεις.....	15-16

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## **ΧΡΗΣΙΜΕΣ ΔΙΑΣΥΝΔΕΣΕΙΣ (Πρόσβαση, 08/10/2020)**

### **European Agency for Occupational Safety and Health (EU-OSHA )**

Psychosocial risks and stress at work

<https://osha.europa.eu/en/themes/psychosocial-risks-and-stress>

E-guide to managing stress and psychological risks

<https://osha.europa.eu/en/tools-and-resources/e-guides/e-guide-managing-stress-and-psychosocial-risks>

### **Health & Safety Executive (HSE)**

Stress at work

<https://www.hse.gov.uk/search/search-results.htm?gsc.q=work%20stress#gsc.tab=0&gsc.q=work%20stress&gsc.page=1>

### **European Trade Union Confederation (ETUC)**

An ETUC resolution on actions for combatting stress and eliminating psychosocial risks in the workplace: putting an EU Directive on the agenda

<https://www.etuc.org/en/document/etuc-resolution-actions-combatting-stress-and-eliminating-psychosocial-risks-workplace>

### **Centers for Disease Control and Prevention CDC/NIOSH**

Stress at work

<https://www.cdc.gov/niosh/topics/stress/>

### **Canadian Centre for Occupational Health and Safety (CCOHS)**

Workplace stress – general  
<https://www.ccohs.ca/oshanswers/psychosocial/stress.html>

### **Health and Safety Authority (HSA)**

Workplace Stress  
[https://www.hsa.ie/eng/Workplace\\_Health/Workplace\\_Stress/Overview/](https://www.hsa.ie/eng/Workplace_Health/Workplace_Stress/Overview/)

### **International Labor Organization (ILO)**

Psychosocial risks and work-related stress  
[https://www.ilo.org/global/topics/safety-and-health-at-work/areasofwork/workplace-health-promotion-and-well-being/WCMS\\_108557/lang--en/index.htm](https://www.ilo.org/global/topics/safety-and-health-at-work/areasofwork/workplace-health-promotion-and-well-being/WCMS_108557/lang--en/index.htm)

### **World Health Organization (WHO)**

Stress at the workplace  
[https://www.who.int/occupational\\_health/topics/stressatwp/en/](https://www.who.int/occupational_health/topics/stressatwp/en/)

### **Windsor-Essex County. Health Unit**

Workplace stress and COVID-19  
<https://www.wechu.org/cv/workplace-stress-and-covid-19>

### **American Psychological Association (APA)**

Work, stress and health 2019 : full programme of the Conference of the American Psychological Association (APA), ) Office Continuing Education in Psychology (CEP) to offer Continuing Education (CE), Philadelphia, PA, Nov.6-9  
<https://www.apa.org/wsh/past/2019/2019-program.pdf>